

MEAL SIZE (32 oz.)

Macros are calculated with unsweetened almond milk.

Available to order with dairy or non dairy milks.

	Calories	Fats	Carbs	Protein	Fiber
Antioxidant Berry	410	3	70	31	12
Banana Split	510	13	81	31	11
Blueberry Pie	430	10	58	29	12
Caramel Coffee Buzz	330	8	34	27	2
Chocolate Coconut	320	16	22	26	6
Chocolate Dipped Strawberry Moon	430	12	60	30	13
Chocolate Pumpkin	550	20	61	30	9
Chunkee Monkee	450	22	36	35	8
Cinnamon Toast Crunch	370	12	43	28	6
Coffee Buzz	240	8	10	27	3
Crave	550	25	51	37	13
Dirty Monkee	480	21	40	38	8
Dirty Filthy Monkee	480	23	29	41	8
Filthy Monkee	470	25	26	44	10
Hazelnut Monkee	420	18	39	28	5
Hazelnut S'mores	540	20	65	30	6
Mass PB Cookie	990	38	86	78	13
Mass Strawberry Oats	800	22	81	72	11
Maui Colada	560	16	82	29	8
Mint Oreo	560	22	62	29	2
Nutmeg State	350	8	39	29	8
Orange Cream	300	4	40	29	5
PB Banana & Fluff	570	24	61	37	8
PB Jelly Time	580	25	62	38	16
Strawberry Moon	320	6	44	28	9
Strawberry Lemonade	290	1	48	26	7
Sunrise	370	1	63	27	8
Lime Green Mango	450	3	110	6	14
Ultimate Green	360	3	84	7	12

SNACK SIZE (24 oz.)

Macros are calculated with unsweetened almond milk.

Available to order with dairy or non dairy milks.

	Calories	Fats	Carbs	Protein	Fiber
Antioxidant Berry	380	2	70	25	12
Banana Split	470	12	80	24	11
Blueberry Pie	390	8	56	22	11
Caramel Coffee Buzz	280	7	32	21	1
Chocolate Coconut	270	14	21	20	5
Chocolate Dipped Strawberry Moon	390	11	58	23	12
Chocolate Pumpkin	470	17	52	23	8
Chunkee Monkee	360	20	23	28	6
Cinnamon Toast Crunch	330	11	42	22	6
Coffee Buzz	200	7	8	20	2
Crave	520	24	50	30	13
Dirty Monkee	440	20	38	31	7
Dirty Filthy Monkee	420	21	28	35	8
Filthy Monkee	430	24	24	37	10
Hazelnut Monkee	370	16	37	22	4
Hazelnut S'mores	470	18	57	23	5
Mass PB Cookie	-	-	-	-	-
Mass Strawberry Oats	-	-	-	-	-
Maui Colada	520	14	81	23	8
Mint Oreo	520	21	61	23	2
Nutmeg State	300	6	37	22	7
Orange Cream	230	3	31	22	3
PB Banana & Fluff	500	22	54	30	7
PB Jelly Time	540	23	60	31	16
Strawberry Moon	270	4	43	22	9
Strawberry Lemonade	260	1	47	20	7
Sunrise	340	1	63	21	8
Lime Green Mango	420	3	103	6	14
Ultimate Green	320	3	72	7	10

BITE SIZE (16 oz.)

Macros are calculated with unsweetened almond milk.

Available to order with dairy or non dairy milks.

	Calories	Fats	Carbs	Protein	Fiber
Antioxidant Berry	230	2	40	16	6
Banana Split	260	7	41	16	6
Blueberry Pie	220	5	30	14	6
Caramel Coffee Buzz	170	4	18	14	1
Chocolate Coconut	190	9	17	13	3
Chocolate Dipped Strawberry Moon	240	7	36	15	7
Chocolate Pumpkin	330	10	40	16	7
Chunkee Monkee	260	11	19	24	5
Cinnamon Toast Crunch	190	6	22	14	6
Coffee Buzz	170	4	6	14	2
Crave	300	14	28	19	7
Dirty Monkee	300	13	26	24	6
Dirty Filthy Monkee	240	12	15	21	4
Filthy Monkee	300	15	19	27	8
Hazelnut Monkee	230	9	25	15	3
Hazelnut S'mores	280	10	33	15	3
Mass PB Cookie	-	-	-	-	-
Mass Strawberry Oats	-	-	-	-	-
Maui Colada	340	10	52	15	4
Mint Oreo	360	12	31	15	1
Nutmeg State	200	4	25	15	5
Orange Cream	190	3	30	15	3
PB Banana & Fluff	290	12	31	19	4
PB Jelly Time	290	13	31	19	8
Strawberry Moon	160	3	22	14	5
Strawberry Lemonade	170	1	32	13	3
Sunrise	210	1	35	14	4
Lime Green Mango	-	-	-	-	-
Ultimate Green	-	-	-	-	-